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GROUP THERAPY GROUND RULES

ATTENDANCE

Your attendance is expected at all group sessions. Sessions meet four times monthly. If you do not attend group, you are asked to call the group leader, Marty Glass, LPC at 972-407-76822 to give notice you will not be at the session. Group attendance is very important, and when you are not there, the other group members miss you. Others appreciate your consideration to the group.

PAYMENT

Group is \$240.00 a month. A space has been reserved for you in the group, and regardless of why you must miss a session; you are required to pay for the session. Prompt payment is expected unless prior arrangements are made with the group leader.

EXIT GROUND RULES

Group members sometimes form very close attachments to each other, and when a member gives notice of leaving group it is important to not leave without saying goodbye to the group. After notice is given, you are asked to attend two more group sessions in order to give you and the group time to deal with the goodbye process.

COMMITMENT TO GROUP

All members are asked to give at minimum a three-month commitment to the group. It is harmful to the group process to have members come and go without any real commitment to themselves or others to stay and work through issues. If you feel you cannot give this time commitment, please do not consider joining group.

GROUP PURPOSE AND INTERACTION

Group is a safe, honest environment for processing life issues, challenges, and ineffective behaviors. Trust and honesty in the interaction and sharing for members is vital to the group process. Accordingly, group members agree:

- Not to engage in dating, romantic or sexual relationships.

- Not to engage in business relationships including employment of one another or the buying or selling of goods or services from one another.
- To share within the group any kind of interaction with one another that occurs outside of group.

CONFIDENTIALITY

Confidentiality must be maintained at all times both for group trust and group cohesion. All communication of group members outside of group must be reported at the next group session.

I, _____ have read and understand the above ground rules. I agree to adhere to the above ground rules for group.

Signature: _____

Name _____ Date _____